

## WHAT MAKES THIS RACE DIFFERENT?

*In the past few years, we've done many innovative things to make our race stand out among the others. This course is one of the most well-marked courses in the northwest. Almost every inch is flagged! Also, we give away something to every finisher!*

*This year we are proud to welcome our major sponsor: MIZUNO! They are "stepping it up" by including this race as a corporate-level race!*

*Back again is our Citizen's open 3K race, ran with the highly competitive and improved Middle School Division race, which was very successful the past few years! In fact, it's one of the largest Middle School races in the northwest.*

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**TAKENA**  
RUNNING CLUB

takenarunningclub.com

## Course Records:

**Kyle Boe, Columbia River**  
**15:22 2009**

**Allison Clarke, Columbia River**  
**17:37.6 2009**

*A Championship Caliber Cross  
Country Course*

*A GREAT Spectator Course!*

FAST-groomed-flagged-monitored  
100% spike-friendly course: Trails, grass,  
and very small sections of pavement.

**IMPORTANT IMPROVEMENTS:**  
**Same Large-Loop start as last  
year**

**EMT / Paramedics on hand again**

**TAKENA**  
RUNNING CLUB

Takena Running Club  
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**8th ANNUAL**



## HARRIER CLASSIC at BRYANT PARK



Timing by Eclectic Edge Racing



Photos courtesy of reccentral.net

**SATURDAY, OCTOBER 1, 2011**

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## NEW TIME SCHEDULE

Coaches Mtg.	9:00
Frosh/Soph JV Girls:	9:30
Frosh/Soph JV Boys	10:10
Jr/Sr JV Girls	10:50
Jr/Sr JV Boys	11:30
Open/Middle/Alumni3K	12:10
Varsity Girls (limit 7)	12:40
Varsity Boys (limit 7)	1:20
Awards & Drawing	1:50



TO ENTER YOUR TEAM:

**Log on to  
www.athletic.net**

- \*sign up as soon as possible
  - \*if you can't soon, drop me an email to let us know you're coming
  - \*Enter all athletes on your roster **in the appropriate race.**
- Race will be professionally timed!  
**Must enter by Thursday,  
September 15<sup>th</sup> 2011!**

### WHAT TO EXPECT:

**1700 Runners from  
over 40 Schools!**

Timing by Eclectic Edge Racing



The Best  
Concessions at any race  
will again be available!  
Cool T-shirts again!  
Popular slogans back for another  
year by popular demand...  
(cheap!)

Running-themed music will work the  
runners into a PR FRENZY again this  
year. Fair Warning: It's LOUD music!

**\$100 per team**

Total per school, all races

Citizen's Race: THREE Divisions:  
Middle School (\$50 per team, or  
\$5 per runner) -medals for top  
25 MS runners

Alumni & Open

\$25 pre-registered

COACHES RUN FREE!

### AWARDS:

**Medals for the top 30 IN  
EACH Varsity RACE, top  
20 each JV!**

**Unique team awards for top  
three in large and small  
school divisions, varsity races**

## OFFICIAL WEBSITE

### MORE INFO

Go to [takenarunningclub.com](http://takenarunningclub.com)  
for exclusive information on:

- \*Registration form for open  
"citizen's" race
- \*Course map
- \*Directions & PARKING
- \*Results
- \*& MUCH MORE!

If interested drop our Meet  
Director an e-mail, below:



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